



The Effects of Transition on the Family

Emotionally it means...

- ★ A sense of losing control and the ability to protect,
- ★ Loss of your place as the sole center of your child's universe,
- ★ A sense that closeness with your child will be decreased,

* Be assured that your child still needs affection, nurturing, and guidance from you.

Practically it means...

- ★ Schedule changes based on school-day hours,
- ★ Obtaining quality care for after school and teacher planning days,
- ★ Time for being involved in your child's education (helping with homework, reviewing work and newsletters sent home, making sure your child has needed supplies and assignments ready to go, etc...)
- ★ Communicating regularly with your child's teacher,





Volunteering in your child's classroom for special activities.

Starting school is stressful for both children and parents. Talking about you and your child's fears and taking time to prepare will help.

For more information contact:



The Center for Parent Involvement (FCPI) was funded by the U.S. Department of Education; Goals 2000, Educate America Act from 1994-1999. Guided by an advisory board of parents and professionals, the FCPI's goal was to tap the power of parents.

The FCPI gathered information on parent needs, coordinated the information, and created a series of resources organized by theme, including fact sheets for parents and professionals, "Beyond the Basics" resources, and resource identification lists. Many of the resources have been translated into Spanish language versions, and every effort has been made to preserve the meaning and flavor of the original English documents. This series of materials provides a wealth of current information for both parents and providers; the complete set of resources can be obtained in PDF format on the Department of Child and Family Studies Website at www.fmhi.usf.edu/cfs/dares/fcpi. The staff of the FCPI are hopeful that their work will continue to help children get ready to learn for many years to come.

The series' themes include:

- Family Empowerment
- Parent Involvement
- Parenting Support
- School Readiness
- Violence in the Lives of Children
- Transition to Kindergarten

The Center was one component of a project led by Hillsborough County Center of Excellence in collaboration with the Department of Child & Family Studies at USF's de la Parte Institute and the Florida Children's Forum. Other project partners include HIPPIY (Home Instruction Program for Preschool Youngsters), Hillsborough County Head Start and Hillsborough County Even Start. For more information about these projects, call 813.974.4612.

Transition Series, Parent Tip Sheets, #7: The effects of transition on the family.

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